

Baraboo River Runners

December 2019 Newsletter



Greetings BRR club members. The season is moving in quickly. I have high hopes for a snowy season. Our next club meeting is scheduled for December 19th at the Pizza Ranch 7pm. With any luck the trails will be open and you will be able to use the new trail leading to Pizza Ranch

Getting ready for the trails

co.sauk.wi.us - for Sauk county trail maps

snowmobile-wi.com county by county links to maps.

Polaris - free APP- RIDE COMMAND - record rides, search for ride areas, save maps, add groups

Reminder-> group ride in Phillips Wi- the weekend of February 8th 2020

Raffle tickets are here : Associationn of Sauk County Snowmobile Clubs- 7thth annual smooth trail cash raffle . March 14, 2020 at Vintage Brewery. Stop by the next meeting to pick up some tickets or contact one of the board members for more information.

Any ride ideas?? Family rides? Slow scenic rides? Partner up/ buddy up for those who want to ride but not alone? Any interest in these or other ideas give me a shout and together we can make it happen.

Some people want it to happen, some wish it to happen, some make it happen- anonymous

Baraboo River Runners is entering it's 51st year. 51 years of volunteered time for the love of sport. Please take any opportunity to thank those who keep the club active and thanks to all our members for your continued membership and support.

FROSTBITE

This information is for informational purpose only. Always consult medical professionals if you suspect frostbite.

Frostbite occurs within minutes to hours depending on many variables, such as the degree of exposure to cold or inability to retain heat- along with the persons general physical condition. Higher risk people are those with diabetes and vascular disease, excessive sweaters, the very young and very old.

Most common areas affected are ears, nose, cheeks, chin, fingers and toes. The affected area will feel numb, cold and clumsy. The skin may lack sensation, appear red, white, gray or yellow in color and feel hard or waxy. Blisters may occur as the skin rewarms.

There are several degrees of frostbite from redness and tingling to dark purple or black discoloration. Dark color is a sign of deeper skin involvement. Early signs are red skin, prickly sensation and numbness- this is a sign to seek shelter- warmth. Treatment depends on the degree of frostbite. The first thing to do is get into a warm environment, remove wet cloths and treat affected area with care- prevent bumping, jarring, rubbing area. IF YOU suspect frostbite seek medical advise.

Rewarming is done by warm water immersion between 98.6 and 102 degrees. Thawing is usually complete by 30 minutes. Dry heat warming is not recommended as temperature is hard to regulate.

Frostbite does occur through clothing. Key is to wear several loose layers. The layer nearest your skin should wick away moisture- such as synthetic fabrics like polypropylene and natural fibers like wool. The second layer is the insulator- such as fleece, wool or down . The outer layer protects all other layers from the elements- generally Gor-tex. Most all snowmobile clothing is geared for extreme weather conditions. Cover all exposed skin. Stay dry, have extra clothing available.

To our sponsors- a big thank you for your continued support! For those of you who do not see your logo on the banner we are in the process of updating it. Also, in 2020 we are going to highlight a few sponsors in each newsletter. These will not be in any particular order.



How many registered snowmobiles are in the US? A) 700k b) 900k c) > 1.2 million

Upcoming events

Trivia answer is C

Dec 19 BRR club meeting - Pizza Ranch 7 pm

January 25th- Land owner appreciation party- Baraboo Country Club

Honey creek poker chip challenge party and meat raffle- December 7th- Prairie house

February 8-10 BRR club ride- Phillips Wi- discounted member rate to first 20 rooms reserved at Super 8 Motel . Reserve by January 15th- be sure to mention Baraboo River Runners to get discount. Super 8- 715-339-2898.

National

Honor and ride- 12th annual Veteran's appreciation ride, January 11th - Two Harbors Minnesota

Baraboo Holiday events

Dec 2- Festival of lights and love- St Clare hospital 5:30 pm

Dec. 4th- Toys for Tacos- Pierce's- Market 11:00 - 2:00

Dec 7th- Make and take ornaments- Cornerstone Gallery- 11-1

Dec 12th- Holiday make and take workshop- North Shore restaurant and bar 6:00 pm

Jan. 4th- Candle light ski, hike, snow shoe- Mirror lake- 6 pm

Sauk City Holiday events

Dec 14th Chili cook off- Macfarlanes- 11-2 pm

Dec 14- - Sauk Prairie holiday shop 9am- 4pm - Community Center

Dec. 15- Isthmus Brass Holiday concert- 2-4 pm River Arts Center

Warm regards- and best of holiday season to all.

Kelly- secretary